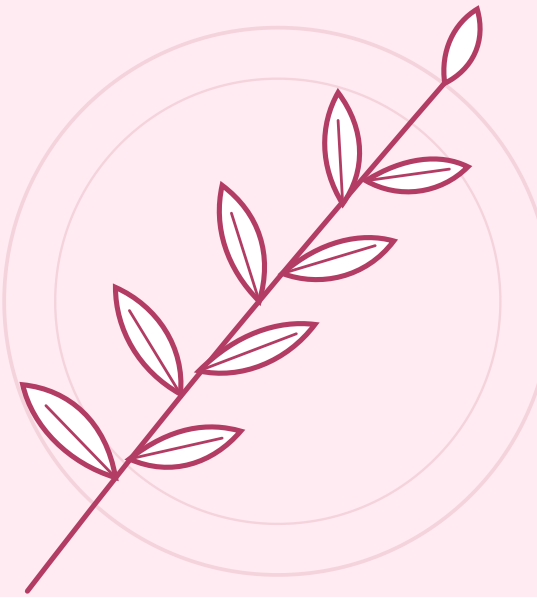
Perpetual Calendar

One calendar for every year. Keep birthdays, anniversaries and yearly reminders in one place, and plan month-to-month actions toward the life you want.



THIS CALENDAR BELONGS TO

STARTED IN

INSIDE

02	Start here	how to use
03	My 10-year vision	once a year
04–15	January to December	every month
16	Gift and card planner	all year

> Undated, so it works year after year. Use it in a binder, on your desk or hang it on the wall.

START HERE

A calendar for every year

Fill it once, use it for years.

> **Big visions are lived one month at a time. Remembering the people you love and taking small, steady steps are both part of a good life.**

HOW TO USE THIS CALENDAR

ONCE A YEAR

Write your 10-year vision · p.03

Your values and the life you want to grow into. It guides your monthly actions.

ONCE, THEN KEEP ADDING

Fill in the dates that repeat · p.04

Birthdays, anniversaries, name days, bill renewals, check-ups. They stay the same every year.

START OF EACH MONTH

Look ahead · p.04

See who to celebrate, choose small actions for your vision and note gifts or cards to prepare.

ALL YEAR

Plan gifts calmly · p.16

List ideas as they come up, set a budget and tick off cards and gifts as they go out.

DATES WORTH ADDING

Tick what you want to keep track of, then fill them in month by month.

- [ ] Family birthdays
- [ ] Friends' birthdays
- [ ] Wedding anniversaries
- [ ] Pet birthdays
- [ ] Memorial days
- [ ] Name days
- [ ] Car insurance and service
- [ ] Passport and ID renewals
- [ ] Annual health check-ups
- [ ] Dentist visits
- [ ] Subscription renewals
- [ ] Tax and bill deadlines
- [ ] Smoke alarm batteries
- [ ] Seasonal wardrobe swap
- [ ] School and work events

A SIMPLE KEY

Write a letter next to each entry so you can see at a glance what's coming up.

- **B** Birthday
- **A** Anniversary
- **H** Holiday
- **R** Reminder
- **V** Vision step

Write in pencil for things that may change, and pen for dates that never do.

Add the birth year in brackets, for example "Mia (1994)", so you always know which birthday is a big one.

Set a reminder a week before important dates so cards arrive on time.

ONCE A YEAR

My 10-year vision

Your values and dreams, so each month's actions point in the right direction.

Year _____

MY VALUES

What matters most to me, in a word or two each.

1 _____

2 _____

3 _____

4 _____

5 _____

FINDING MY IKIGAI

WHAT I LOVE

WHAT I'M GOOD AT

WHAT THE WORLD NEEDS

WHAT I CAN BE PAID FOR

IN TEN YEARS, I'D LOVE MY LIFE TO LOOK LIKE THIS

RELATIONSHIPS AND FAMILY

HEALTH AND ENERGY

WORK AND MONEY

HOME AND LIFESTYLE

GROWTH AND LEARNING

GIVING BACK AND COMMUNITY

THIS YEAR'S STEPS TOWARD IT

WHO I WANT TO SHARE THE JOURNEY WITH

MONTH 01 · EVERY YEAR

January

Birthdays, anniversaries and yearly reminders. Add a key letter: B, A, H, R or V.

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ACTIONS TOWARD MY VISION

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GIFTS AND CARDS

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NOTES

MONTH 02 · EVERY YEAR

February

Birthdays, anniversaries and yearly reminders. Add a key letter: B, A, H, R or V.

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ACTIONS TOWARD MY VISION

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GIFTS AND CARDS

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MONTH 03 · EVERY YEAR

March

Birthdays, anniversaries and yearly reminders. Add a key letter: B, A, H, R or V.

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ACTIONS TOWARD MY VISION

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GIFTS AND CARDS

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MONTH 04 · EVERY YEAR

April

Birthdays, anniversaries and yearly reminders. Add a key letter: B, A, H, R or V.

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ACTIONS TOWARD MY VISION

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GIFTS AND CARDS

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NOTES

MONTH 05 · EVERY YEAR

May

Birthdays, anniversaries and yearly reminders. Add a key letter: B, A, H, R or V.

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ACTIONS TOWARD MY VISION

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GIFTS AND CARDS

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NOTES

June

Birthdays, anniversaries and yearly reminders. Add a key letter: B, A, H, R or V.

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ACTIONS TOWARD MY VISION

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GIFTS AND CARDS

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NOTES

MONTH 07 · EVERY YEAR

July

Birthdays, anniversaries and yearly reminders. Add a key letter: B, A, H, R or V.

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ACTIONS TOWARD MY VISION

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GIFTS AND CARDS

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NOTES

MONTH 08 · EVERY YEAR

August

Birthdays, anniversaries and yearly reminders. Add a key letter: B, A, H, R or V.

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ACTIONS TOWARD MY VISION

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GIFTS AND CARDS

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NOTES

MONTH 09 · EVERY YEAR

September

Birthdays, anniversaries and yearly reminders. Add a key letter: B, A, H, R or V.

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ACTIONS TOWARD MY VISION

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GIFTS AND CARDS

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NOTES

MONTH 10 · EVERY YEAR

October

Birthdays, anniversaries and yearly reminders. Add a key letter: B, A, H, R or V.

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ACTIONS TOWARD MY VISION

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GIFTS AND CARDS

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NOTES

MONTH 11 · EVERY YEAR

November

Birthdays, anniversaries and yearly reminders. Add a key letter: B, A, H, R or V.

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ACTIONS TOWARD MY VISION

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GIFTS AND CARDS

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NOTES

MONTH 12 · EVERY YEAR

December

Birthdays, anniversaries and yearly reminders. Add a key letter: B, A, H, R or V.

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ACTIONS TOWARD MY VISION

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GIFTS AND CARDS

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NOTES

ALL YEAR

Gift and card planner

Plan ahead, spend calmly and never miss a card again.

Write gift ideas the moment you hear them ("she loves that candle"), so you're never stuck the week before. Budgets help birthdays stay joyful, not stressful.

BIRTHDAYS, GIFTS AND CARDS

WHO	DATE	GIFT IDEA	BUDGET	CARD	GIFT

GIFT IDEAS TO REMEMBER

THANK-YOU NOTES TO SEND