

40 Things to Be Grateful For

- 1) Clean water to drink and bathe with
- 2) Fresh air to breath
- 3) Being alive
- 4) Access to food and many beautiful tastes of it
- 5) Warm and comfy bed at night
- 6) Access to a hot shower
- 7) Clean & comfy clothes
- 8) Having shoes to wear
- 9) Having a body!
- 10) Happy memories
- 11) Having a family
- 12) Being able to love, and be loved
- 13) Access to the internet and vast amounts of information
- 14) Living in great times
- 15) Ability to work and get paid for it
- 16) Ability to use your senses
- 17) Being able to move
- 18) Sunny summers
- 19) Colorful autumns
- 20) Snowy winters
- 21) Refreshing springs
- 22) Beautiful dreams
- 23) Having a car or another transportation option
- 24) The beauty of music
- 25) The beauty of art
- 26) Good movies
- 27) Smiles of your loved ones
- 28) Comfort-filled silence
- 29) The sound of rain
- 30) The smell of rain!
- 31) Rainy days
- 32) Our planet
- 33) Having electricity
- 34) Being warm when it's cold
- 35) Pets and their love
- 36) Calm evenings
- 37) Birds chirping
- 38) Having a phone and the ability to call someone whenever needed
- 39) Being safe
- 40) Being free

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