

30 Things To Do To Make Your Life a Little Easier

by SHINESHEETS.COM

- Create fast dial shortcuts on your phone.
- Set alarms for a whole week.
- Carry a small pouch of cash for parking and tips.
- Turn off unnecessary phone notifications.
- Set up automatic payments when you can.
- Decide on one color palette for your wardrobe and stick to it.
- Put a flashlight app on your phone's main window.
- Make lists of everything... EVERYTHING! Important numbers, tasks, birthdays, things to buy – get it all out of your head.
- Get a faster internet plan.
- Replace old Wifi routers at your home and office.
- Stock up on extra batteries, soap and toilet paper (they always run out when you need them!)
- Install an automatic feeder for your pet.
- Get watering balls for your plants.
- Start using a password management service.
- Use laundry bags to separate your clothes and prevent laundry crisis.
- Keep that cup holder place in your car empty.
- Carry a travel size deodorant in your bag.
- Also – a power bank for your phone.
- Unfollow people you don't know on social media.
- ... Or even delete your social media accounts for good.
- Create a cheat sheet of information you regularly use.

- Install Adblock on your browser.
- Whitelist people you know on your e-mail service.
- Decide on a regular sleep schedule and start following it.
- Get ready in the morning (brush your teeth, brush your hair, moisturize your skin) even if you stay at home.
- Make a list of healthy snack ideas that can be grabbed at any grocery store that's on the way.
- Be decisive when you need to and just say "yes" or "no" instead of "I don't know", "You decide" or "Whatever".
- Make a daily plan every morning.
- Find an exercise that sucks the least and make it your go-to workout option.
- Leave your desk clean after work.